#### Page: A10 LAMORINDA WEEKLY 925-377-0977 www.lamorindaweekly.com Wednesday, August 31, 2022 it's April in Lamorinda for Real state TG HARDWOOD FLOORS The Real Estate Market is Changing! Moraga California Interest Rates and Inventory are Up DESIGN • REFINISHING • INSTALLATION Sales and Multiple Offers are Slowing 925-376-1118 Homes that are Well Prepared and Priced LÜXURY Appropriately are Still Selling Put my 25+ years of Real Estate Experience to Work for vou! Since 1993! I have successfully navigated these types of estimate Tom Gieryng, owner and operator changing markets before. 925.200.0773 1.april.matthews@gmail.com April Matthews DRE# 01221153







Every Friday, 7:00 a.m. - 8:15 a.m. Lafayette Veterans Memorial Building OR Zoom Link at https://lamorindasunrise.org/speakers

September 2022 Weekly Speakers

9: Jim Knowlton – Cal Athletic Director 16: Mike Heller – An update on Habitat for Humanity in the East Bay 23: Amy Worth – Metropolitan Transportation Commissioner 30: Erica Gies – Journalist and NatGeo Explorer on Water in CA

## The story behind one volunteer commissioner

... continued from Page A2

She also joined the local Lafayette hiking group, which, at the time, was led by Kay Peterson, who developed the first Lafayette Trails Master Plan. Eventually Hill took over, leading the hiking group for more than 15 years. It was a big job – she created the hikes, deciding what trails to hike, always keeping in mind that her goal was to show people the many trails we have close by. And she always hiked a trail on her own before taking a group. "Even if it's a trail I knew well," she said, "I wanted to make sure a tree hadn't fallen or there hadn't been a slide which could make the hike more difficult or impossible to complete."

Considering all the trails Hill has hiked, and she says she has hiked just about every one in the area, her favorite in the cooler weather is Mount Diablo and at this time of year, when the weather is warmer, she prefers Briones where there are more shady spots.

Hill also volunteers at the

Lafayette Community Garden; her team works on planting and caring for the spring and fall crops. "It's the greatest place with the nicest people," she says.

All of these volunteer roles go hand in hand with what Hill says she loves most: "appreciating nature, noticing plants, birds and wildlife." Her current passion – native plantings – continues along this same line. "As we deal with the drought and climate change, it's so much wiser to have native plants that don't require a lot of water," she states.

Her large Lafayette garden has been evolving over the years to now being filled almost totally with native and drought tolerant plants. "In the spring, it's gloriously covered in flowers," she proudly says. "I can sit in my yard and smell the honey from my manzanita flowers."

Hill taught herself about native planting, with the help of books (one she highly recommends is "California Native Plants for the Garden"); websites (her favorite is bringingbackthenatives.net); and, of course, friends and mentors.

"It's a lot of trial and error," Hill admits when talking about what to plant. She claims her philosophy is simple: "If it's too much work or doesn't work, forget it. Find something else."

With autumn approaching, this is the time to start thinking about what natives to plant. A quick online search provides suggestions for hundreds of native plants which would do well in our mediterranean-like climate. Manzanita, penstemon, toyon, vine maple, lupine and California poppy are a few recommended by local gardeners.

"You need to work with nature as to when native plants should be planted. They're designed for our climate. The best time to get them in the ground is once the weather starts to cool down," Hill explains. "Cooler weather and hopefully rain will get them off to a good start." They need to be watered lightly for a few years until they are established. After that, they will do what a native plant is expected to do, she says: "Mostly survive on what nature provides."

Share your thoughts, insights and opinions with your community. Send a letter to the editor: letters@lamorindaweekly.com

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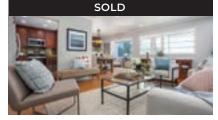


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